



UPCOMING EVENTS:

TERM 3 2015 JULY

Tues 21st	First Aid Training for Staff—3:30-7:30pm
Wed 22nd	Author visit for Stage 2—Louise Park
Fri 24th	Year 5 Bathurst Excursion
Mon 27th	Cyber Safety Yr 5—12:30-1:30pm Yr 6—2:00-3:00pm
Tues 28th	ICAS—English
Wed 29th	Maths Olympiad 3 First Aid Training for Staff—3:30-7:30pm
Thurs 30th	Year 6 Canberra Excursion
Fri 31st	Year 6 Canberra Excursion P & F Executive Meeting—9am

AUGUST

Thurs 6th	Author visit—Oliver Phommavanh—Years 5 & 6
Fri 7th	Mary MacKillip Liturgy—9:30am

Church of St Michael's
58 Orwell Street
Blacktown South

Weekend Masses:

Sunday: 8.00am, 9.30am, 6.00pm
4th Sunday 10.45am Filipino Mass

Weekday Masses:

Mon, Tues, Thurs, Fri: 8.00am
Wed: 7.30pm

First Friday: 7.30pm

Sacrament of Reconciliation:

Wed: 7.00pm—7.25pm

Holy Hour of Adoration:

Wednesdays 6.30pm—7.30pm

Phone: 9622 9149

Website: mqofblacktown.org.au

St Michael's Primary School
155 Reservoir Road
Blacktown South 2148
Ph: 9622 9910
Fax: 9622 6902

Website:

stmichaelsblacktown.catholic.edu.au

Email:

stmichaelsblkt@parra.catholic.edu.au

St Michael's Primary School

Blacktown South

NEWSLETTER

2015 - ISSUE 11

21st July 2015

From the Acting Principal

Dear Parent & Friends,

Parent Teacher Interviews

Our sincere thanks to you the parents for attending parent teacher interviews at the end of last term. It was wonderful to hear of the collaboration between parents and teachers in ensuring growth for all our students. Your interest and efforts in supporting your child's education is an important factor in achieving the goals we share for all our children. We appreciate the partnerships we have with the families of St Michael's. **Please return your child's portfolio to school.**

Resilience

A topic that comes up in the media and in our conversations with parents is building resilience, Michael Grose explains that the research shows resilience can be nurtured and developed, particularly when parents themselves are resilient and they actively foster it in their kids. Parents need to coach kids through some of their more challenging moments and reviewing what they may have learned for next time. Avoid solving all their problems for them.



You can promote a lasting sense of resilience in your children by:

1. Having a **positive attitude** yourself. Your attitude as a parent impacts on their ability to bounce back from some of the difficulties they face. Make sure you model a 'you can do it' attitude for your child when he meets some of life's curve balls.
2. Look for **teachable moments**. Many children's learning opportunities are disguised as problems. Make the most of these opportunities so that children can grow and learn from some of the challenges they face.
3. Make children **active participants** in the family. Active participation in a family develops the self-help, problem-solving and independence skills of children that are necessary for resilience.

Promoting resilience in children is not a single event but a continuous process that requires adults to be supportive and empathetic when things don't go their way. It also requires you as a parent to have an understanding of resilience, so you have faith in yourself, and your child's ability to cope.

Which one of the above strategies will you try to foster this week to build resilience in your child?

Mr Laffan

Due to unforeseen circumstances Mr Laffan will now be returning in Week 7. I know that he is looking forward to being back with the community soon and some lucky classes got a visit last week from him.

Blessings to you and your families.

Katherine McKay

ACTING PRINCIPAL

LOVE ONE ANOTHER

From the Acting Assistant Principal

I hope you all had a lovely holiday enjoying some family time with your beautiful children. It is always great to come back to school and hear all the stories about their holiday adventures! Watching 'Inside Out' seemed like a popular activity and what a great family movie it was, let's hope you all had a chance to create some 'core memories'!



A few reminders to start the new term:

- ⇒ The safety of the children here at St Michael's is most important to us, so we need to remind you that supervision at St Michael's begins at 8.30am and we encourage you to contact the COOSH on 0419 554 302 if you need to drop your children off at school any earlier.
- ⇒ Today we are sending home a 'Mode of Transport' note and asking you to complete it for each of your children and return to school ASAP. The note requires you to identify, to the best of your abilities, the way in which your child/ren go home each day. The purpose of this note is to gather important information on the way the children of St Michael's get home. We will then ask that if at anytime the way in which your child goes home changes that you will need to write to or inform the class teacher.
- ⇒ Finally, just a reminder that we require you to Kiss and Drop in the morning, either from the car or at the gate. We ask that parents remain outside the gates, again so that we can ensure the safety of all the children. As we all know, sometimes it's hard to get motivated in the morning to start the day, and our younger students in particular, can find it more difficult and upsetting at times when parents come into the school grounds. If your child is having a difficult time in the morning, the best solution is to take your child to the teacher on duty, say goodbye, reassure your child you will see them in the afternoon and leave promptly. The teacher on duty will keep your child safe and help them to locate some friends to play with until bell time.

Thanks for your understanding and support with these important matters! Let's work together to make some 'core memories'!



GAMES-A-THON

Congratulations to the following students who won a prize in our huge Raffle:

Marli Williams—2L
 Lucas Valenzuela—KW
 Lara Prasad—1S
 Marissa Micallef—1S
 Angelica El Rassi—4G
 Jamie Brown—5C
 Jeremy Grohs—6E
 Tiara Arredondo—KM
 Angelize Estil—4S

Archie Griffiths—1S
 Francesco Tabone—1G
 Reese Sto Domingo—6W
 Alexis Hayward—2L
 Beatrice Gara—5C
 Libby Gardoll—2E
 Nathaniel Darmali—5L
 Declan Suarez—6L
 D'ta Dunkley—3X

Emily Ridout—KW
 Lilli Cumbo—2E
 Brianna Mareschi—4E
 Jayden Cassar—4M
 Harrison Tauro—1D
 Rose Azar—2S
 Kiarna Tighe—4G
 Aarya Bhattarai—1C
 Mitchell Eckersley—6P

Oliver Bicanic—4S
 Beau Cridland—KH
 Vanshil Krishnan—KH
 Shayleigh Eato—4G
 Nicholas Ward—6E
 Luka Dinjar—1D
 Brigid Chakti—4G
 Tristan McDonald—KH
 Skylar Briggs—2S
 Brianne Evans—3B
 Joshua Faulkner—KR
 Moriah Urmeneta—4S
 Indiana Newsome—3S

Issabelle Makdesi—5L
 Catalina Gutierrez—1D
 Brendan Fares—5A
 Jarryd Gordon—KH
 Ella Daniel—4S
 Ronnie Sanga—3C
 James Greig—4S
 Charlotte Cousens—1D
 George Basili—2E
 Jaliyah Casipit—1C
 Darcy Said—KW
 Hayley Andrews—2K
 Lucy Perry—1G

Erika Brillo—1G
 Mariam Sefeen—6L
 Tanusuka Soni—5L
 Cooper Debono—KR
 Jessica Moore—2S
 Maya Banjanac—3X
 Jared Ragasajo—1G
 Jenille Calingao—3X
 Bastien Clews—KH
 Beau Mazzitelli—1D
 Demiana Hinien—KW
 Thomas Perry—2S

Take care,
 Lisa Samojlowicz

ACTING ASSISTANT PRINCIPAL

RE News

In next Sunday's Gospel Jesus is described as testing the disciples, asking them where they might be able to purchase bread for the crowd. Phillip is overwhelmed at the thought of spending a fortune on enough bread for more than 5,000 people. A small boy nearby had a few loaves of bread and a couple of fish. Jesus took the bread and fish, gave thanks and then had the disciples begin to distribute the food. When everyone had eaten their fill, the disciples collected twelve hampers of leftovers. Some commentators suggest that the twelve baskets represent the twelve tribes of Israel – indicating that the message of Jesus will be enough to feed and sustain the whole of Israel.

Some scripture scholars suggest that the real miracle of the feeding of the multitude was not so much a multiplication of meagre resources by Jesus but rather a personal response by individuals within the crowd. It is suggested that upon seeing the willingness of Jesus to share the small amount of food available, everyone dug into their pockets and pulled out the small amount of food they also had and shared it with one another. The miracle was a breaking through from selfishness and isolation to a spirit of sharing and community.

Anne Easton

RELIGIOUS EDUCATION COORDINATOR

Mathematics—How do we do that?

Following parent teacher interviews the most common question around Mathematics was 'How do we do that?' Here are some of the strategies that the children use at St Michael's when they are thinking and working mathematically.

1. Counting across the decades/hundreds

- ◆ From 39 to 40
- ◆ From 99 to 100 and 109 to 110
- ◆ From 299 to 300

Counting backwards makes these transitions even harder. For example, to go from 30 to 29, the students' need to not only think that the twenties come before the thirties, but also to go to 29 rather than 20. What is 10 more/less than 297, 406, or 1 496? What is 100 more/less than 1 009, 2 947? What is 1000 more/less 820 974?

2. Estimating

Take a handful of objects and make an educated guess of how many there are.
Knowing the answer to $136 + 687$ or $1234 - 432$ will be less than 1000.

3. Using their knowledge of place value to estimate logical estimates to a variety of mathematical questions such as these:♦ **Doubles:**

$$8 + 8 = 16 \quad 7 + 7 = 14 \quad 6 + 6 = 12$$

♦ **Near Doubles:**

Knowing that one way of answering $8 + 9 = 17$, is to know that $8 + 8 = 16$, and that 9 is simply $8 + 1$. I can add one more to get the answer 17.

♦ **Commutativity:**

Identify that 5×7 is the same as 7×5 , that $2 + 19$ is the same as $19 + 2$.

♦ **Using the Distributive Property:**

That 7×6 is the same as and can be found by adding $[7 \times 5]$ to $[7 \times 1]$.

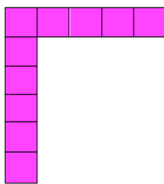
♦ **Skip Counting**

That 6×3 is the same as counting 6 [and another 6] 12 [and another 6] = 18

♦ **Using a dot array:**

The answer to the array below will be 30 even though we cannot see all the squares tiles.

How many tiles do I need?



There are so many ways we can help develop and foster our children's understanding In Mathematics. Some further strategies you can use at home include:

- ♦ Playing games that involve dice and looking at the patterns made or adding their values when using more than one dice, to show them that Mathematics matters and can be fun.
- ♦ Helping them to group objects by asking them to set the table or put the cutlery away correctly.
- ♦ Pointing out Mathematics in everyday life whenever you are – shopping, cooking, driving, recognising shapes in the environment etc.
- ♦ Asking how they work out Mathematical questions. When children are asked how to articulate how they worked something out, it helps build their knowledge, and lets you see what they know and how they know it. It also helps boost their confidence.

Mrs Sebelic

NUMERACY COORDINATOR

Uniform Shop

The shop is open on Wednesdays between 8:15—11:00am—if you are unable to come into the Uniform Shop, orders for uniforms can be placed at the office using the order form. We accept cash, cheque or EFTPOS. If you receive an order and need to swap sizes, this can be done by placing the order in a plastic bag with a note, receipt and handing it in to the office. The correct items will then be sent home with your child. Should you have any queries, please do not hesitate to contact the office on 9622 9910.

Library

Book Week

Once again, St Michaels will be celebrating Book Week this term with other schools all around Australia.

We will not be having a Book Character Dress Parade this year, but we will be holding a Book Fair.

Each grade will be taking part in competitions related to the short-listed books, and these will be on display in the Library in the next few weeks. Please feel free to call in to look at them before or after school.

The Book Fair will take place over 3 days –

Wednesday 12th August, Thursday 13th August and Friday 14th August.

Times will be advised in the next newsletter.

Central Book Suppliers will be providing the books. In the past we have been very happy with the range of books and their prices – some as low as \$2. You will have the opportunity to purchase books for your own family or to put aside as Birthday or Christmas presents.

Due to the Book Fair, I will not be running the Book Club this term.

To promote Book Week and reading, we have also invited two authors to visit our students to talk about their writing. Louise Park will be visiting Year 3 and 4, while Oliver Phommavanh will be talking to Years 5 and 6. Infants classes will view a musical performance related to Book Week later in the term.

Judy Buhagiar

TEACHER/LIBRARIAN

Canteen

Welcome back to Term 3. I hope you all had a good holiday.

Please find enclosed the Price List. Any wrong prices will be given the nearest item matching the money in lunch order.

Please note we cannot heat food brought from home as this is an WHS regulation.

Please enclose 5 cents for paper bags that are not supplied with lunch orders.

If you can't make your canteen rostered day could you please let us know as soon as possible so we can try and replace you on the day.

Thank you for your support,

Jan Crawford

CANTEEN MANAGER

P & F News

The next P&F General meeting will be held in Week 6, (Wednesday, 19th August 6.30pm)

All are welcome and encouraged to attend.

If you would like to raise any topics, concerns or if you have any questions you would like to discuss, please email Jackie Coleman at jackstar26@hotmail.com before the meeting so we can add them to the agenda.

Father's Day Stall—Wednesday 2nd September

We are looking for volunteers for this day so if you are interested in helping out and meet other parents we would be happy to see you. Look out for more details in the coming weeks.

Bunnings BBQ and Cake Stall

We will be holding another BBQ and cake stall in September. This time we will be at our local Blacktown store. We would love to have many more volunteers this time so please add this date to your calendar now!!

St Michael's Trivia Night

We will be holding our first ever Trivia Night on Saturday November 14th.

Over the next couple of months we will be organizing this event including seeking donations for prizes. If you are able to help in anyway please let us know.

You may also want to begin planning your table for the night.

More details will be given as the event gets closer.

Kiss n Drop Volunteers

Thank you to those wonderful parents who have volunteered their time to assist with the morning kiss n drop. This term we have less volunteers. If you are available to help one morning a week please let us know by leaving a note in the P&F box in the student foyer.

Facebook

Make sure you head online and join our Facebook group. This is a great way to keep up to date with what we are doing and to get more information about upcoming events.

Regards

P & F TEAM

CatholicCare Social Services

Seminar - Understanding Family Law—Two Sessions

CCSS Solo Parent Services are holding two sessions for our Seminar on “Understanding Family Law”. The seminars on the following dates will cover the topics below:

Wednesday, 22nd July—Understanding the Family Law Act—Focus on Divorce/Separation and Children's needs.

Wednesday, 12th August—Understanding the Family Law Act—Focus on Settlement/Property.

Venue for both Seminars: DAC, 1-5 Marion Street, Blacktown **Time:** 7.30-9.30pm

Cost: \$7.00 per session **Registration Essential:** Solo Parent Services—Eileen or Rita Ph: 9933 0205 or Email: soloparentservices@ccss.org.au

Catholic Education Office

Nutrition Survey for Parents of 4-7 year olds

The Sansom Institute for Health Research in South Australia is conducting a Nation-wide study about the important role a parent plays in their child's health and nutrition.

They are looking for parents of 4-7 year olds to complete a once-off online survey. If you are able to pass on the following link to interested parents that would be greatly appreciated.

Please do not hesitate to contact Brittany Johnson email johbj010@mymail.unisa.edu.au with any questions.

Bishops Office

Vocation Discernment Afternoon: 26 July

All young men who feel God might be calling them to the priesthood are invited to the Catholic Diocese of Parramatta's Vocation Discernment Afternoon. The afternoon starts at 2pm and concludes with a shared meal at 6pm. Holy Spirit Seminary is at 31-33 Allen Street, Harris Park. To find out more about priesthood in the Diocese of Parramatta contact the Director of Priestly Vocations, Fr Warren Edwards, tel 0409 172 700 or send an email to: vocations@parra.catholic.org.au

Safeguarding Response

The Catholic Diocese of Parramatta wants to hear from you

If you or someone close to you has suffered **ANY** abuse by a representative of the Catholic Church (school, parish, other Catholic group) in Western Sydney and the Blue Mountains we invite you to contact us.

Our professional staff will listen to your experience, respect your confidentiality and discuss all available options.

You can contact us on:

Phone: (02) 9933 0233

Web: www.parra.catholic.org.au/safeguarding

Email: safeguarding@parra.catholic.org.au

Mail: PO BOX 3066 North Parramatta, NSW, 1750

For any complaints that may relate to criminal conduct we encourage you to contact **NSW Police on 1800 333 000**

Parenting Ideas

Teach your kids about time and place

By Michael Grose

My mum used to tell me, *"There's a time and place for everything Michael, and this is not the time and place to behave like that!"*

Time and place is a brilliant socialisation lesson for children of any age or era to absorb.

It's a parent's job to socialise your kids. That is, it's your job to develop a sense of OTHER so that they become aware of how their behaviour impacts on others. You do this by:

1. Giving your kids social scripts

There are times when kids don't know what to say or how to act in different social situations. *"Here's what you can say when you meet Mrs Smith..."* is the type of pre-emptive social scripting that benefits most boys, kids on the autism spectrum as well as kids who need extra help to get on with others.

2. Regular behaviour rehearsal

Practise appropriate social behaviours at home so kids know how to behave around others. For example, you can role-play a restaurant situation by serving your kids' meals at the dinner table and expecting them to use their manners.

3. Just-in-time prompts

It helps to remind in positive terms how kids should speak and act around others before entering a social situation or a special place such as a church, airport or restaurant. *"In church most people..."*

4. Teaching good manners

Manners are social guidelines that teach kids how to behave around others. While some conventions change over time, basic good manners such as saying 'please' and 'thank you' never change. They are the basis of a civil society. Kids are never too young to start learning manners.

5. Respectful use of consequences

While the best discipline happens before an event (*through behaviour rehearsal, prompts and teaching manners*) there are times when the only way to get a message across about time and place is to DO something if the kids' behaviour thoughtlessly or deliberately impinges on the rights of others. And the best action may be WITHDRAWAL from the place or activity that they are doing. That may mean that the kids (and you) miss out on an activity or being in a special place but such lessons are rarely forgotten and reinforce your important messages.

Time and place is a great parenting message for kids to learn. It's about consideration for others; it's about self-control and above all else, it's about fitting into different social situations.



Catholic Early Learning Centre
Mary, Queen of the Family Parish Blacktown South
Preschool for 3-5 year olds

ENROLLING NOW

62A Orwell St, Blacktown Phone 8814 8406 www.celcblacktownsth.catholic.edu.au





TERM PLANNER – TERM 3 – 2015 as at 21 July 2015

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
Week 1 13 th July – 19 th July	13	14	15	16	17 Stage Coordinators to Check Rolls NSWPSSA Cross Country – Eastern Creek Year 2 excursion to Old Rouse Hill School House and Farm	18 / 19
Week 2 20 th July – 26 th July Australian Principals Pilgrimage commencing 24 th July – concludes 1 st August	20	21 First Aid Training – 3.30-7.00pm	22 Author visit for Stage 2 – Louise Park – Time TBC Penrith Chess Tournament	23	24 Year 5 Bathurst Excursion	25 / 26
Week 3 27 th July – 2 nd Aug	27 Cyber Safety Yr 5 – 12:30-1:30pm Yr 6 – 2:00-3:00pm	28 ICAS English EMU Specialist Training – Kathryn, Jem & Jo Netball Planning Meeting – 2pm	29 Maths Olympiad 3 First Aid Training – 3.30-7.00pm	30 Year 6 Canberra Excursion	31 Year 6 Canberra Excursion P & F Executive Meeting – 9am	1 / 2 Sat & Sun Reconciliation Commitment Mass
Week 4 3 rd Aug – 9 th Aug	3	4	5	6 Archbishop Miller Conference – Rosehill Gardens Centre 8-4pm Author visit – Oliver Phommavanh – Years 5 & 6	7 Mary MacKillop Liturgy – 9.30am Teacher Institute Meeting – 8am Archbishop Miller Conference – Rosehill Gardens Centre 8-4pm SCHOOL CENSUS DAY	8 / 9 Sat & Sun Reconciliation Commitment Mass Sat – Feast of St Mary of the Cross MacKillop
Week 5 10 th Aug – 16 th Aug	10 Reconciliation Preparation Sessions this week Voice of Youth School Final	11 Briefing: Programming Conversation in Stages ICAS Mathematics Blacktown Zone Athletics Carnival	12 Book Fair	13 Book Fair OPEN DAY – 9.30- 10.30am for new families	14 Book Fair 9.30am – Literacy and Numeracy Parent Workshop Whole School Assembly – 2.15pm Update Reading and Numeracy Data Walls	15 / 16 Sat & Sun Reconciliation Commitment Mass Sat – Feast of the Assumption
Week 6 17 th Aug – 23 rd Aug RLA Online Assessment – all week	17 Reconciliation Preparation Sessions this week	18 Netball Gala Day Stage 2 and 3	19 P & F Meeting 6.30pm Maths Olympiad 4 Beginning AP's Network Meeting 8.30-4.30pm 5.30pm – Literacy and Numeracy Parent Workshop Voice of Youth Cluster Final	20 Community of Schools Dinner – St Patrick's to Cater Year 4 Excursion to Elizabeth Farm and Old Government House	21 Diocesan Athletics Carnival Kindergarten Excursion to Taronga Zoo	22 / 23 Sat & Sun Reconciliation Commitment Mass
Week 7 24 th Aug – 30 th Aug Book Week National Literacy & Numeracy Week	24 Reconciliation Preparation Sessions this week	25 Life Education Ann D Clark Lecture – Evan Theatre, Penrith 5-7.30pm	26 Life Education Principal's Network Meeting – 8.30- 4.30pm	27 Life Education	28 Infants Fun Day	29 / 30
Week 8 31 st Aug – 6 th Sept	31 Life Education Emergency Fire Drill Practice	1 Life Education EMU Specialist Training – Kathryn, Jem & Jo	2 Life Education	3 Voice of Youth – Regional Final - tbc	4 Touch Football – Stage 2 Boys/Girls	5 / 6
Week 9 7 th Sept – 13 th Sept Patr commences	7 Life Education	8 Life Education Reconciliation	9 Life Education Reconciliation Maths Olympiad 5	10 Reconciliation Voice of Youth Regional Final – tbc Infants Performance – Judy to confirm time 9.30am and 11.30am	11 Stage Coordinators to Check Rolls Leadership Team to Review All Data/Tracking	12 / 13
Week 10 14 th Sept – 20 th Sept Patr continues	14 Life Education Kindergarten Public Speaking 2.15pm	15 Life Education Stage 1 Public Speaking 2.15pm	16 Voice of Youth Grand Final – St Margaret Mary's Primary, Merrylands 10-12pm Stage 2 Public Speaking 2.15pm Asthma Training – whole staff – with David Bennett	17 Stage 3 Public Speaking 2.15pm	18 Programs to Stage Coordinators Touch Football – Stage 3 Boys/Girls Update Reading and Numeracy Data Walls	19 / 20

St. Michael's Tuckshop List – 2015**as at May 2015****Please note that our Tuckshop is closed every Wednesday*****Green Light Foods***

<u>Sandwiches (For all Terms)</u>		<u>Wraps</u>	
(Multigrain, Brown, White Bread)		Ham, Cheese & Tomato	3.70
Tuna or Chicken or Ham	2.60	Chicken, Lettuce & Mayo	3.20
Ham & Salad	3.80	Chicken & Sweet Chilli/BBQ/Sweet & Sour Sauce	3.00
Ham & Cheese		Salad	3.30
Ham, Cheese & Tomato	3.70	Chicken & Salad or Tuna & Salad	3.90
Tuna, Lettuce & Mayo	3.10	Ham & Salad	3.80
Salad	3.30	Tuna, Lettuce & Mayo	3.10
Devon	2.40	Cheese, Lettuce & Tomato	3.00
Cheese	2.30	Chicken, Cheese & Avocado	4.40
Devon & Sauce	2.60	Salmon & Salad	5.30
Devon & Tomato	2.70	Ham, Cheese & Pineapple	3.50
Chicken, Lettuce & Mayonnaise	3.30	Toasted wraps extra	0.50
Cheese, Lettuce & Tomato	3.00	Chicken & Mayonnaise	2.90
Cheese & Tomato	2.80	<u>Salads</u>	
Chicken, Cheese & Tomato	3.90	Containers of Salad & Cheese	4.30
Tomato	2.50	Containers of Salad with Tuna	5.30
Vegemite	1.50	Containers of Salad with Chicken Pattie	5.10
Vegemite & Cheese Wrap or Sandwich	2.30	Vegie Pack – tomato, carrot & cucumber sticks	3.70
Spaghetti	2.00	Or Celery, Carrot and Cucumber	3.70
Chicken & Cheese	3.40	<u>Extras for Containers of Salad</u>	
Salad & Cheese	3.50	Mayonnaise 25c, Ham 75c, Pineapple 40c,	
Salad & Chicken or Tuna	3.90	Devon 30c	
Salmon	4.30	Chicken \$1.20, Tuna \$1.40	
Salmon & Salad	5.30	<u>Spoon or fork or lunch bag</u>	0.05
Buttered Sandwich	1.10	<u>Spoons for Pies</u>	0.05
<u>EXTRAS FOR SANDWICHES & WRAPS</u>		Orange pieces in season	0.05
Cheese	0.80	Fruit in season	0.20
Beetroot/Cucumber/Tomato/Lettuce	0.60 each	Apple Slinky	1.00
Mustard	0.30	<u>Brown Paper bags if not supplied</u>	0.05
Toasted Sandwiches extra (sandwich maker)	0.50		

Amber Foods

<u>Hot Food (available all year)</u>		<u>Drinks, Ice Blocks, Yoghurt</u>	
		Plain Water 600ml	1.70
Spinach & Ricotta Roll	3.30	Plain Water 355ml	1.20
Bag of 5 Nuggets (only)	3.00	Just Juice 100% Assorted Poppers	1.90
Corn on the Cob	1.10	Pop Top Juice Apple/Orange/Apple & Blackcurrant	2.50
Beef Lasagne or Spaghetti Twists	4.05	Frozen Yoghurt – Strawberry/Raspberry	2.45
Macaroni Cheese	4.05	Small Plain Milk	1.40
Hot Dogs & Sauce (Tomato or BBQ)	2.80	Popper Chocolate/Strawberry	2.40
Lite Meat Pie	3.50	Moove – Chocolate/Strawberry	1.90
Lite Sausage Roll	2.90	Up & Go (Vanilla, Chocolate, Strawberry)	2.50
Cheese & Bacon Roll	1.40	Moosie Milk Iceblocks	1.50
Chicken Burger (mayonnaise & lettuce)	4.50	Focus Water	1.90
Nachos Dippers	5.20	Tasman Juice Ice Block (Wildberry/Tropical)	0.80
Potato Bake	4.05	Custard Cups	1.80
Vegetarian Fried Rice	3.80	Quelch Sticks	0.60
Timbertown Potato Pie	3.70	Ice Cream Cups	1.30
Pizza – Supreme/ Margarita/ Ham&Pineapple/Meat Lovers	3.60		
<u>Snacks</u>			
Red Rock Chips – Honey Soy/Sea Salt	1.30		
JJ's Chicken Crackers	1.40	<u>Sauce (Charged to all grades)</u>	
Popcorn Plain	0.80	Tomato	0.40
Jelly Joy Tubes	0.30	BBQ &/or Sweet & Sour	0.40
Cheese Sticks	0.85	Butter for Corn	0.20
Ovalteenies	1.30	Sweet Chilli Sauce	0.40
Eucalyptus lollies / Butter Menthols	1.00		
Grainwaves –Sour Cream	1.30		
Smiths BBQ chips	1.30		

All Prices are subject to price rises.

Ice Blocks **are not** sold at Recess.

Please **do not** order Ice Blocks in Lunch Orders**THEY MELT!!** If you are unable to provide a paper bag for your child please write order on an envelope and **add extra 5 cents** to total.

The Tuckshop prepares lunches on every day EXCEPT WEDNESDAY, as it is CLOSED.

The Lunch Orders should be written clearly on the front of a paper bag with the Child's Name and Class and the **amount of money enclosed in the bag.**

Parents please remember children are **not permitted** to bring more than \$2.00 spending money. Your co-operation in this matter would be appreciated.

Please let your child know if he/she has anything missing from their lunch order or does not receive their lunch order please get them to tell their class teacher or Mrs Crawford in the Canteen **on that day.**

PLEASE NOTE: TUCKSHOP IS CLOSED ON WEDNESDAYS


Jan Crawford
Tuckshop Manageress

Before 8.00am on **9622 5703** (Home) or after 8.15am on **9622 9910** (School)

M:\ADMINISTRATION\Canteen\Canteen Price List - May 2015.doc


Games-a-thon Sponsors

Thank you to our generous Games-a-thon sponsors. Please support these businesses if you can.



Our next Lions League Camp will be run on 29th & 30th June (the first Monday & Tuesday of the holidays) at Patrician Brothers' College, Blacktown

Lions from ages 8-15 years—contact us at www.lionsleague.com.au

Paul Borg
Suite 3, 2A Newton Road
Blacktown, NSW, 2148
P 02 9676 4511 F 02 9676 4522
M 0414 476 491
E blacktown@cartridgeworldnsw.com.au

www.cartridgeworld.com



Bakery success
We specialise in bread, bread rolls, cakes, pies and sausage rolls
Open 7 days
5 Mount Druitt Road
Mount Druitt 2770
Ph: 9625 3361





CHURRO KING
Brenda
0412 44 33 92




Go Fresh
Deli & Café
Ph: 9831 6831

- Deli
- Coffee
- Cake
- Sandwiches
- Wraps
- Salads



74G Walters Road, Blacktown



Shop 2075, Level 2
Westpoint Shopping Centre
Blacktown NSW 2148
P 02 8834 1182

Hazel Briones-Urqueza
OWNER/DIRECTOR
M 0466 158 717
E hazel@goldenglobetravel.com.au
W www.goldenglobetravel.com.au

Bloomin' Books



Mrs Jan Crawford

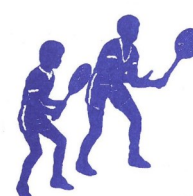
Mrs Geny Cleary

Mrs Kylie Mazzitelli

Central Book Suppliers

Tina's Kindergarten

Ken Gates Tennis Coaching Academy



My name is Ken Gates, I am an International Professional tennis coach who has been trained at the famous Vic Baden Tennis Centre at Coto de Caza, California USA.

I offer coaching in all areas of tennis, specialising in:

- A) Practice Tennis Drills
- B) Practice Tennis Matches
- C) Expert Tennis Coaching of The Strokes of Tennis

The game of tennis - so tremendously challenging and more than any other single sport, universal in its appeal.

Ph: 0419 297 237 - Available 7 days